

EUROPASS SUPPLEMENT TO THE DIPLOMA OF

NAME OF THE DIPLOMA

Técnico Deportivo Superior en Fútbol

(Senior Sports Instructor in Football)

DIPLOMA DESCRIPTION

The holder has acquired general skills relating to:

Planning and directing the training of football players and teams, directing their participation in mid- to high-level competitions, and running football schools.

Within this framework, each SPORT TEACHING MODULE includes the following LEARNING RESULTS that the holder acquires.

"Biomechanics of sport".

The holder is proficient in:

- Applying the fundamentals of biomechanical analysis to the study of technique in high-performance athletes.
- Interpreting the results of biomechanical analysis in order to monitor the training of high-level athletes.

"High performance sports training".

The holder is proficient in:

- Applying planning and control methods to train conditional physical and perceptual-motor attributes in high-level athletes.
- Knowing the phenomena of fatigue and over-training and applying the necessary controls to avoid the effects of these phenomena in high-level athletes.

"Physiology of effort".

The holder is proficient in:

- Knowing the fundamentals of the assessment of functional capacity with a view to high performance.
- Interpreting the results of functional capacity assessment.
- Interpreting the results of the nutritional assessment of athletes.
- Collaborating with specialists in deciding on an athlete's diet.
- Collaborating with specialists in prescribing ergogenic aids.
- Leveraging the physiological advantages of high-altitude training.
- Familiarising him- or herself with the apparatuses of a physiology-of-effort laboratory.

"Sports management".

The holder is proficient in:

- Recognising the regulations that are applicable to professional athletes.
- Employing management and organisational techniques in the field of sport.
- Knowing the regulations that govern High-level Sport, at State and Autonomous Community level.
- Knowing the regulations that govern the control of doping.
- Knowing the regulations in relation to sports sponsorship.
- Knowing the measures designed to prevent violence in sport.

"Psychology of high performance sports training".

The holder is proficient in:

- Identifying the psychological needs of athletes competing in top competitions.
- Applying psychological strategies to optimise athletes' performance.
- Acquiring the necessary psychological knowledge and skills to direct other coaches and to work with sports science specialists.
- Identifying the specific competences of the sport psychologist, differentiating them from the psychological role of the coach.

"Sociology of high-performance sport".

The holder is proficient in:

- Identifying problems inherent in the practice of high-level sport.

- Knowing the problems of adaptation that athletes face when their sporting life comes to an end.
- Knowing the social significance of high-performance sport and sport as a spectacle and its impact on athletes competing in top competitions.
- Knowing the methods of social research applied to sport.
- Employing techniques to identify trends in society related to the practice of sports.

“Professional Development III”.

The holder is proficient in:

- Specifying the competencies, functions, tasks and responsibilities of a Senior Sports Instructor in Football.
- Identifying the civil and criminal liabilities of a Senior Sports Instructor in Football, that derive from the exercise of their profession.
- Identifying the role of the football coach when working with other physical activity professionals.
- Applying the organisational and management criteria of a small company.
- Knowing the Spanish and international regulations governing doping in football.
- Organising football events and activities.
- Applying systems to draw up and implement projects for football teams.
- Determining the structures and strata of the RFEF.
- Knowing how UEFA and FIFA are structured and organised.

“Team management III”.

The holder is proficient in:

- Determining the psychological variables that can affect the performance of athletes during training.
- Applying the systems of psychological training to strengthen the participation of footballers in high-level competitions.

“Methodology of football teaching and training III”.

The holder is proficient in:

- Planning football training in accordance with sporting objectives.
- Applying methodology to assess high-level sport training programmes.

“Physical preparation III”.

The holder is proficient in:

- Applying criteria to plan, organise and monitor the physical preparation of high-level footballers.

“Rules of the game III”.

The holder is proficient in:

- Analysing the rules of the game to turn them to their best tactical advantage.
- Knowing the rules of the International Football Association Board.
- Identifying special instructions within the rules of football.

“Safety in sport II”.

The holder is proficient in:

- Preventing the most common injuries in high-level football competitions.
- Determining the safety measures that apply to the training of high-level football players.

“Tactics and game systems III”.

The holder is proficient in:

- Knowing the historical evolution of football, primarily that of the game systems.
- Knowing the basics of high-level football tactics.
- Analysing the different tactical actions and their application to high-level football.
- Analysing the different game systems and their application to high-level football.
- Applying tactical training planning methodology to the high-level practice of football.
- Applying tactical training methodology to the high-level practice of football.

“Individual and collective technique III”.

The holder is proficient in:

- Analysing the technical movements and actions of high-level football players.
- Employing advanced training systems for individual high-level football players' technical movements.

“Complementary block”.

The holder is proficient in:

- Employing multimedia to teach or train the sporting speciality.

“Final project”.

- The purpose of the final project is to ensure that the student has assimilated and is able to integrate, synthesize and apply the theoretical and practical knowledge he or she has acquired during the training process and is as a result able to embark on a professional career as a Senior Sports Instructor in Football.

“Practical training”.

- The aim of the practical training block of the Senior Sports Instructor in Football course is for pupils to develop in a practical way the skills they have acquired during the training period, applying in real-life situations the knowledge and skills they have acquired in theoretical and practical training, and to obtain the experience they need to effectively:
 - o Schedule and direct the training of football players and teams and their participation in high level competitions.
 - o Schedule and direct the physical preparation of high-level football players.
 - o Schedule and direct the teaching of the sport of football.
 - o Schedule and coordinate the activities of lower-level sports instructors.
 - o Manage a football department, section or school.

RANGE OF OCCUPATIONS ACCESSIBLE TO THE HOLDER OF THE DIPLOMA

The following are the most relevant occupations and jobs:

- This diploma accredits the acquisition of sufficient professional skills to assume responsibilities autonomously or within a public body or a private company.
- He or she shall carry out their activity in the field of football teaching and training and the management of high-level athletes and teams.
- Their field of endeavour expressly excludes the teaching and training of futsal.
- In the field of sports management, managing a football department, section or school.
- The different types of bodies or companies in which they can carry out their functions are:
 - o High-performance sports centres.
 - o Sports technicalisation centres.
 - o Football schools.
 - o Sports clubs and associations.
 - o Federations.
 - o Sports boards.
 - o Companies providing sporting services.
 - o Training centres for football instructors.
- According to article 155 of the General Competition Rules of the Royal Spanish Football Federation (RFEF) and article 60 of the RFEF's Club Licensing Regulations for UEFA Competitions, both of which approved by the Management Committee of the National Sports Council, the diploma of Senior Sports Instructor in Football has the same professional attributes as a Professional Instructor Diploma and as UEFA's "PRO" licence; it entitles its holder to train any federated football team and squad, and its possession is a compulsory requirement to act as a head coach in Football's First Division, Second Division, Second Division "B", Third Division and Youth Division of Honour, and to act as first-team coach in Spanish football clubs that take part in any club competition run under the auspices of UEFA.

AWARD, ACCREDITATION AND LEVEL OF THE DIPLOMA

Body that issues the Diploma in the name of the King: The Ministerio de Educación (the Ministry of Education) or the Autonomous Communities in the area of their own administrative responsibility. The degree has academic and professional effects that are valid throughout the entire State.

Official duration of the Diploma: 875 hours.

Level of the Diploma (national or international).

- NATIONAL: Non-university higher education.
- INTERNATIONAL:
 - Level 5b of the International Standard Classification of Education (ISCED 5b).
 - Level 5 of the European Qualifications Framework (EQF 5).

Access requirements: A Bachelor's Degree or a Certificate of having passed the corresponding access test. To access the Senior Sports Instructor in Football Diploma, as well as the above requirements, it will be necessary to accredit the Sports Instructor in Football Diploma (1,020 hours).

Access to the next level of education or training: You will be able to access University Degree studies attached to the fields of social and legal sciences and health sciences.

Legal basis. Rules and regulations on which the Diploma is based: Minimum teaching requirements established by the State: Royal Decree 320/2000, of 3 March, which establishes the diplomas of Sports Instructor and Senior Sports Instructor in the specialities of Football and Futsal, and which lays down the corresponding minimum education requirements. (Official State Gazette of 29 March).

Explanatory note: This document is intended as supplementary information to the Diploma in question, but on its own it does not have any legal validity.

COURSE STRUCTURE OF THE OFFICIALLY RECOGNISED DIPLOMA

SPORTS EDUCATION MODULES ESTABLISHED IN THE ROYAL DECREE	HOURS
Sports biomechanics	15
High performance sports training	30
Physiology of effort	20
Sports management	25
Psychology of high performance sports training	10
Sociology of high-performance sport	10
Professional development III	20
Team management III	15
Methodology of football teaching and training III	15
Physical preparation III	25
Rules of the game III	15
Safety in sport II	5
Tactics and game systems III	45
Individual and collective technique III	40
Complementary block	40
Practical training block	110
Final project	40
TOTAL MINIMUM EDUCATION REQUIREMENTS IN HOURS*	480
TOTAL DURATION OF THE DIPLOMA	875
<i>*55% of the minimum education requirements of the diploma reflected in the above table is of an official nature and is valid throughout the national territory. The remaining 45% is specific to each Autonomous Community and may be reflected in Annex I to this supplement.</i>	

INFORMATION ABOUT THE EDUCATION SYSTEM

