

EUROPASS DIPLOMA SUPPLEMENT

TITLE OF THE TITLE

Certificate of completion of the initial cycle of fixed and free rigging sailing

TITLE DESCRIPTION

The holder has acquired the General Competence related to:

The general competence of the initial cycle of intermediate level in sailing with fixed rig and free rig consists of dynamizing, instructing and specifying the sport initiation of sailing; to govern recreational boats up to eight meters; to organize, accompany and tutor the athletes during their participation in activities, competitions and events of this level, using boats with fixed and free rig; and all this in accordance with the guidelines established in the reference program, respecting the natural environment, in safe conditions and with the optimum level of quality that allows the satisfaction of the athletes in the activity.

Within this framework, each SPORTS TEACHING MODULE includes the following LEARNING OUTCOMES acquired by the holder.

"MED-C101: Basics of sports behavior".

The titleholder:

- Identifies the motor, psychological, affective and social characteristics of the person/s, relating them to the maturational stages of childhood.
- Attends to the athlete describing and applying different communication and motivation techniques.
- Leads the group selecting and applying group dynamics and strategies for conflict resolution, according to the characteristics of the context.
- Transmits personal and social values by applying appropriate techniques and reflecting on one's own attitudes and behaviors.

"MED-C102: First Aid".

The titleholder:

- Performs an initial assessment by applying assessment techniques according to established protocols and relating them to the principles of anatomy and physiology.
- Applies first aid techniques relating the type of injury to the protocol established in each case.
- Applies life support techniques identifying their instrumentation and describing their phases according to the established basic protocol.
- Applies self-management and psychological support techniques to the injured person and accompanying persons, describing and applying the most appropriate communication strategies
- Applies techniques for the control of the environment relating it to the established protocols and the organization of the emergency system.

"MED-C103: Adapted physical activity and disability".

The titleholder:

- Identifies the main disabilities describing their basic characteristics and relating them to the practice of sports.
- Informs people with disabilities about sports practices, describing the specific communication techniques and identifying the limitations that may arise in the initiation to them.

"MED-C104: Sports organization".

The titleholder:

- Identifies the local and regional sports organization relating it to the administrative structure and its basic competences.
- Specifies the structure of sports associations identifying its elements and organization.

"MED-VEVE102: Technical training".

The titleholder:

- Fundamentals of sailing, describing the basic principles of navigation and relating it to the wind-sail-hull-water systems.
- Interprets the conditions of the sailing area, characterizing the natural signs and analyzing the hydrographic characteristics of the different types of navigable aquatic environments, and interpreting information from nautical charts and meteorological maps.



"MED-VEVE103: Safety of navigation and conservation of materials."

- Identifies the safety conditions of navigation, interpreting the regulations and applying the safety and environmental respect procedures in the activities of initiation to sailing with AF and AL.
- Intervene in the rescue of people and AF and AL vessels in the conditions of the initiation to the rescue sailing, applying aid and rescue techniques and protocols.
- Steers pleasure craft up to 8 meters in length and engine power appropriate to the boat provided the boat does not go more than 5 miles, in any direction, from a shelter, demonstrating control of the boat, describing and applying engine maintenance and upkeep techniques.
- Selects the nautical materials and boats for sailing, describing the basic principles of shipbuilding, identifying the characteristics of the boats, components and materials for sailing with AF and AL.
- Stores, stows, and maintains vessels and nautical materials, identifying the conditions of storage and transport, applying the appropriate maintenance techniques.

"MED-VEVE104: Sailing methodology and initiation to competition".

- Concretizes the reference program and organizes sessions of initiation to sailing with AF and AL, interpreting the reference program, identifying the characteristics of the sessions, elaborating and characterizing the learning sequences.
- Leads athletes in sessions of sport initiation to sailing with AF and AL, describing and applying control procedures, organization and dynamization and models of relationship of the coach with the athletes of his team.
- Assesses the technique of sailing with AF and AL boats, describing the stages of acquisition of the technique and the characteristics of learning these, applying observation techniques, developing observation instruments, identifying the most common errors in this stage and relating the errors with the most common correction tasks.
- Collaborates in the collection of information of the process of initiation to sailing and competition with AF and AL identifying the characteristics of the information and the most appropriate evaluation instruments, using procedures for obtaining it throughout the activity.
- Accompanies athletes in sailing and in competitions of sailing initiation with AF and AL, interpreting the basic regulations applicable to both situations, identifying the characteristics of the competition, and registration requirements.
- Collaborates in the organization of events and activities of sailing initiation with AF and AL, describing/analyzing the necessary material and human requirements.

"MED-VEVE105: Practical training".

- Identifies the organizational structure and the functioning of the club or sport entity relating it to the offer of activities in relation to the sport initiation or the accompaniment of users in sailing activities.
- Acts with autonomy, initiative and responsibility in the workplace, demonstrating ethical behavior, personal communication skills, teamwork, respect for the environment, and applying the procedures established by the company.
- Collaborates in the development of sailing initiation and competition activities with fixed rigging (AF) and free rigging (AL), identifying the necessary material and human requirements, interpreting the reference schedules and executing the procedures in accordance with the established norm, and instructions received.
- Leads and directs sessions of initiation to sailing with AF and AL, and directs the sailor in competitions, interpreting reference schedules, executing procedures and techniques related to the teaching learning process, and transmitting ethical values linked to respect and care for one's own body, respect for others, fair play, responsibility and personal effort.
- Accompanies the athlete in sailing and in competitions of initiation to sailing with AF and AL, interpreting the rules and regulations applicable to both situations, executing the procedures and techniques of transmission of values.
- Performs operations of storage, stowage, transport, preparation and maintenance of facilities, boats and nautical materials, necessary for the activities of initiation to sailing, interpreting instructions or established rules and executing procedures and techniques specific to the operations.
- Intervene in the rescue of people and boats of AF and AL in conditions specific to the initiation of sailing, applying the techniques and protocols of aid and rescue, interpreting the safety regulations and respect for the environment.
- Performs first aid operations, interpreting established standards and protocols and applying techniques and procedures according to established instructions or standards.

JOBS YOU CAN PERFORM WITH THIS DEGREE

This professional develops his professional activity both in the public sector, whether it is the General State Administration, regional or local administrations, and in private entities, whether they are large, medium or small companies, in sports boards, municipal sports entities, sports and social federations and clubs, sailing schools and nautical schools, educational centers, extracurricular activities service companies, summer camps, which offer sports-recreational activities of discovery and initiation of sailing.

It is located in the Sports, Leisure and Tourism sectors.

The most relevant occupations and jobs are the following:

- Sailing initiation instructor.
- Competition initiation trainer.

Entry requirements: Secondary Education Graduate Degree and passing a specific test.

The specific access test consists of:

- Associated test: Preparation of the table:
 - Selects, prepares and collects the nautical materials and free rigging boats, identifying their characteristics and applying the appropriate techniques in conditions suitable for the initiation with winds that in no case exceed 10 knots.
- Associated test: Entry and exit from the beach with free-rigged boats:
 - Perform entry and exit from the beach and from the water, with free-rigged boats, applying the correct techniques and executing them with skill in wind conditions of up to 10 knots.
- Associated test: Navigation with free rigging:
 - Sail free-rigged vessels, maneuvering at will and maintaining a set course in wind conditions up to 10 knots.
- Associated test: Preparation of the boat with fixed rigging:
 - Selects, prepares and collects nautical materials and fixed rigging boats, identifying their characteristics and applying the appropriate techniques, in wind conditions not exceeding 10 knots.
- Associated test: Docking and undocking with a fixed rigging boat
 - To dock and undock the fixed rig boat, applying the correct techniques and executing them with skill in wind conditions of up to 10 knots.
- Associated test: Fixed-rigged boat navigation test
 - Sail fixed-rigged vessels, maneuvering at will and maintaining a set course in wind conditions of up to 10 knots.

The RAE-VEVE101 test accredits the professional competence of "Mastering the basic techniques of sailing with fixed and free rigging, with sufficient level for the development of the tasks of the sport initiation in wind conditions up to 10 knots", to which the title assigns a training workload of 220 hours over the total duration of the initial cycle of intermediate level in sailing with fixed rigging and free rigging.

Access to the next level of education or training: To access the final cycle of intermediate level sailing with free rigging or with fixed rigging, it will be necessary to have passed the initial cycle of intermediate level sailing with fixed rigging and free rigging.

List of qualifications and units of competence of the National Catalogue of Professional Qualifications of the initial cycle of medium grade sailing with fixed rigging and free rigging.

The intermediate level initial cycle in sailing with fixed and free rigging includes the complete qualification of Sport initiation in sailing with free and fixed rigging boats AFD507_2 which includes the following units of competence:

- a) UC1651_2: Execute the techniques for steering free-rigged sailing boats efficiently and safely.
- b) UC1652_2: Execute the steering techniques of fixed rigged sailing boats efficiently and safely.
- c) UC1653_2: To specify, direct and dynamize sequenced sessions of sport initiation to sailing using boats with free rigging and fixed rigging.



- d) UC1654_2: Dynamize actions of promotion and accompaniment to athletes in sailing events and competitions.
- e) UC0272_2: Assist as first responder in case of accident or emergency situation.

TITLE DESCRIPTION**The holder has acquired the General Competency relating to:**

The general competence of the final cycle of intermediate level in fixed-gear sailing consists of adapting, directing and dynamizing the basic training and technical improvement in the stage of sport technification of sailing with fixed-gear boats; steering recreational boats up to 12 meters; organizing, accompanying and tutoring the sailors during their participation in activities, competitions and events of this level; establishing the navigation areas of this level; manage the necessary material resources and coordinate the activities of the technicians in charge; organize activities, competitions and events of the sport initiation level; all this according to the guidelines established in the reference programming, respecting the natural environment, in safe conditions and with the optimum level of quality that allows the satisfaction of the sailors participating in fixed rig sailing.

In this framework, each SPORTS TEACHING MODULE includes the following LEARNING OUTCOMES acquired by the holder.

"MED-C201: Bases of sports learning".

The titleholder:

- Identifies the characteristics of the Sport Technification (TD) athlete, relating them to the stage of adolescence and analyzing the psychological variables involved in sports performance.
- Assesses the process of technical tactical improvement of the athlete, analyzing the characteristics of motor learning and the factors involved.
- Applies the techniques of management, organization and dynamization of basic training and technical improvement activities, analyzing the methodology and control and adequate dynamization procedures.
- Interprets the programming of sports education by analyzing its components and designing activities according to the learning stage of the athlete.
- Coordinates the intervention of the technical personnel under his charge, applying human resources management techniques.
- Mentoring athletes during their participation in training and competitions, identifying and instilling personal and social attitudes and values.

"MED-C202: Basics of sports training".

The titleholder:

- Identifies the physical characteristics of men and women, analyzing the anatomical physiological functions of the organism in relation to physical exercise.
- Promotes healthy sports practices, identifying the most appropriate hygienic guidelines in the stages of initiation and sports technification.
- Assesses the general motor condition of men and women applying the appropriate evaluation techniques and methodology, distinguishing the different basic physical capacities.
- Interpret the programming describing the principles and basic elements of sports training.
- Develops the general motor condition of men and women, analyzing the methodological principles of capacity training and the means used.

"MED-C203: Adapted sport and disability".

The titleholder:

- Organizes sports initiation sessions analyzing the needs of people with disabilities.
- Applies resources that promote the participation of people with disabilities in physical sports activities analyzing the characteristics of the task and identifying the limitations for sports practice originated by the context.
- It organizes athletes with disabilities by interpreting the main functional classifications of the adapted sport and the characteristics of adapted sports.
- Orients people with disabilities to the practice of sport by recognizing the structure of adapted sport and the sources of information available.

"MED-C204: Sports organization and legislation".

The titleholder:

- Interprets the competition regulations in relation to the national sports organization and its administrative structure and the sports disciplinary regime.



- Selects and prepares the necessary material resources and facilities, analyzing their safety conditions and relating them to the regulations in force.
- Prepares the movement of the person or group, applying established procedures and regulations in force.
- Directs and accompanies athletes in competitions of initiation level and sports technification, analyzing the characteristics of the organization of the competitions.
- Performs management activities of a Sports Club, applying the appropriate procedures for their incorporation and startup.

"MED-C205: Gender and sport".

The titleholder:

- Identifies the reality of women's sports, analyzing the social elements that characterize it.
- Promotes the incorporation of women into the sports field by analyzing their specific peculiarities, those of their context and applying different intervention strategies.
- Supports the incorporation of women in sports, identifying the role of institutions and the lines of support to the women's sports.

"MED-VEVE201- Sailing School".

The titleholder:

- Collaborates in the process of detection and selection of sports talents of sailors by analyzing the characteristics of detection and selection systems and programs and applying specific techniques.
- Develops programs of initiation to sailing with fixed and free rigging, according to the standards of the RFEV, specifying the contents and adaptations in the age groups, coordinating its development and implementation with other technicians.
- Coordinates the activity of other sports technicians in the initiation to sailing, analyzing the functions of the technical in the courses and events of initiation, and discriminating the structure of a sailing school

"MED-VEVE202- Sailing competitions and events".

The titleholder:

- Concrete the timing of nautical events by analyzing the characteristics of the nautical clubs and the opportunity in the program of activities.
- Manages and organizes sailing events of promotion and sport initiation, of a sailing club analyzing the characteristics and material and human requirements of the events according to the class and technical characteristics of the courses.
- Collaborates in the management, organization and development of technical sailing events, analyzing the conditions for the organization of events and competition rules.
- Collects information on the development of the sport event of promotion and initiation to sailing, analyzing the data collection systems, the usable documentation and applying techniques for its processing and file.

"MED-VEVE203- Safety in sailing".

The titleholder:

- Identifies the safety conditions of navigation in the technification stage, interpreting the applicable safety and environmental protection regulations.
- Intervene in the rescue of people and fixed and free rigged boats in navigation conditions typical of the training in sport technification, applying the techniques and protocols of aid and rescue.
- Resolves emergency situations in the government of motor and sailing pleasure boats, up to 12 meters in length and adequate engine power for navigations made between the coast and the 12mile line parallel to it, identifying the functions of the skipper of pleasure boats, analyzing the measures to be taken and the characteristics of emergency situations.
- Employs communication devices, demonstrating their characteristics, applying preparation and maintenance techniques of the devices and analyzing the communication systems and codes suitable for navigation.
- Directs the navigation of the vessel, interpreting the navigation charts, applying the techniques and appropriate procedures, as well as navigational instruments, for positioning on the chart.
- Controls and organizes the safety of the sport practice of sailing and the sport facilities used, interpreting and analyzing the applicable regulations and environmental protection measures.

"MED-VEVE204- Physical preparation of the sailor".

The titleholder:



- Assesses the physical condition of the sailor, identifying the capabilities on which their performance in training and competition depends, applying tests and field tests, and analyzing their results.
- Adapts and concretizes cycles and training sessions for the physical condition of the sailor, analyzing the reference programming, methodology, specific means of preparation and applying procedures.
- Directs sessions for the development of the sailor's physical condition by applying management techniques, following a reference program and applying self-evaluation techniques.
- Promotes healthy sports practices, analyzing the predominant sports gestures and identifying the most appropriate hygienic guidelines in the stages of initiation and sports technification, for the prevention of injuries and pathologies typical of sailing with fixed and mobile rigging.

MED-VEVE205- Adapted sailing".

The titleholder:

- Organizes introductory sessions to adapted sailing analyzing the specific needs of people with disabilities, interpreting the main functional classifications.
- Conducts familiarization sessions and basic fundamentals of sailing in adapted sailing, analyzing adaptations in equipment and maneuvers, and interpreting the basic safety rules applicable.
- Applies resources that encourage the participation of people with disabilities in adapted sailing, identifying the limitations for the practice of adapted sailing caused by the context.
- Orients people with disabilities to the practice of adapted sailing by recognizing the structure of this sport and the sources of information available.

MED-VEAF206- Technical-tactical improvement of fixed rig sailing".

The titleholder:

- Assesses the sailor's performance in training and during competition in the fixed rig sailing technification stage, analyzing the technical standards and tactical situations, elaborating learning sequences, and relating the execution errors with their causes.
- Adapts and specifies the cycles and training sessions of the sailor, analyzing the reference programs, the methodology, the specific means of preparation, and applying procedures.
- Conducts training sessions for the sailor, demonstrating the techniques of this level, analyzing and applying management and organization techniques, and applying self-evaluation techniques.
- Directs the sailor in competitions, analyzing the factors that condition performance, as well as the Sailing Regatta Rules and Competition Rules, selecting intervention strategies and care for the athlete.
- Elaborates the technical design of the navigation area of the competition analyzing: the hydrographic characteristics of the different types and aquatic environments, the meteorological maps, the rules of the race, the characteristics of the courses, and applying established procedures.

"MED-VEAF207- Fixed rigging material overhaul".

The titleholder:

- Selects the classes of fixed rigged sailing boat suitable for the sailor, analyzing the technical and regulatory characteristics of the different classes and their technical conditions, and relating them to the characteristics of the sailors.
- Performs the tuning and adjustment of fixed rigged sailing boats, selecting and applying the proper techniques of tuning and adjustment.
- Performs the maintenance of fixed rigged sailing technical boats, describing the necessary care and applying the appropriate repair actions.
- Stores and transports materials and fixed rigged sailing technification boats, selecting the storage conditions and applying the appropriate techniques.

"MED-VEAF208- Practical training".

The titleholder:

- Identifies the organizational structure and operation of the sport center of fixed rig sailing practices, relating it to its offer of specialization activities, sport technification and technical improvement in fixed rig sailing and its management activities, and applying the procedures and safety protocols.
- Act with autonomy, initiative and responsibility in the job position, demonstrating ethical behavior, personal communication skills, teamwork, respect for the environment, and applying the procedures established by the company.
- Controls safety in the practice of fixed gear sailing technification, supervising the facilities and means used, interpreting the regulations and applying the procedures and protocols in accordance with the established regulations and instructions.
- Organizes, accompanies and directs the athletes in their participation in activities, competitions and other events of technification in fixed rig sailing, transmitting attitudes and values, personal and social, typical of the sporting ethic: respect for others, the environment and one's own body, fair play, and work in equipment.



- Adapts and specifies the programs and directs the basic training sessions and technical improvement in fixed rig sailing, interpreting the information received, applying the techniques and procedures according to the instructions and established rules, and collaborating in the application of talent detection techniques.
- Organizes sport initiation sessions in fixed rig sailing for people with disabilities, applying resources that encourage their participation according to their limitations.
- Coordinates the process of sport initiation in fixed gear sailing, elaborating the schedules for reference, analyzing the structure of the school of sailing initiation, and applying the appropriate procedures and techniques.
- Directs and designs navigation areas and routes, identifying the necessary conditions and means, applying specific procedures and techniques, and respecting safety protocols and environmental regulations, in fixed rig sailing.
- Collaborates in the organization of activities and competitions of technification in fixed rig sailing, interpreting instructions and related rules, identifying and preparing the necessary means and applying the established procedures.

JOBS YOU CAN PERFORM WITH THIS DEGREE

This professional develops his professional activity both in the public sector, whether the General State Administration, regional or local administrations, and in private entities, whether large, medium or small companies, in sports boards, municipal sports entities, federations, technification centers, sports and social clubs, sailing schools and nautical schools, educational centers, service companies of extracurricular activities, which offer sports-recreational activities and sailing technification.

It is located in the sports, leisure and free time sectors.

The most relevant occupations and jobs for these professionals are as follows:

- a) Technification trainer in fixed rigged sailing.
- b) Coordinator of other sailing initiation technicians.
- c) Manager and organizer of sailing events for promotion and initiation.
- d) Accompanying and directing the sailor in competitions.
- e) Responsible for the safety of the navigation and sports facilities used in the technification

The development of these occupations and jobs in the public sector will be carried out in accordance with the principles and requirements for access to public employment provided for in current regulations.

ISSUANCE, ACCREDITATION AND DEGREE LEVEL

Body that issues the diploma on behalf of the King: Ministry of Education and Vocational Training or the autonomous communities within the scope of their own competences. The title has academic and professional effects with validity throughout the State.

Official duration of the degree: initial cycle, 500 hours; final cycle, 600 hours. Total:1100 hours

Degree level (national or international):

- NATIONAL: Post-compulsory secondary education.
- INTERNATIONAL:
 - Level 3 of the International Standard Classification of Education (ISCED3).
 - Level 4 of the European Qualifications Framework (EQF4).

Entry requirements: Secondary Education Graduate, as well as a certificate of completion of the initial cycle in fixed and free rig sailing.

Access to the next level of education or training:

To access the higher-level cycle in fixed-gear sailing, it will be necessary to have a high school degree or equivalent for access purposes, as well as the title of Sport Technician in fixed-gear sailing.

The Sport Technician in fixed rig sailing will have access to the following specialization:

1. Adapted sail with fixed rigging.

Legal Basis. Regulations establishing the degree:

- Minimum teaching established by the State: Royal Decree 935/2010, of July 23, 2010, which establishes the titles of Sport Technician in fixed rig sailing and Sport Technician in free rig sailing, and establishes their minimum teaching and access requirements.



- Correction of errors of Royal Decree 935/2010, of July 23, which establishes the titles of Sport Technician in fixed rig sailing and Sport Technician in free rig sailing, and sets their minimum teachings and access requirements.
- Modification of certain aspects of the degrees of Speleology, Mountaineering and Climbing, Equestrian and Sailing: Royal Decree 567/2020, of June 16, establishing certain professional qualifications of the professional family Physical and Sports Activities, which are included in the National Catalog of Professional Qualifications, and amending Royal Decree 1087/2005, of September 16.

Explanatory note: This document is intended as additional information to the title in question, but has no legal validity whatsoever. It may be accompanied by an Annex I to be completed by the corresponding Autonomous Community.

INFORMATION ABOUT THE EDUCATION SYSTEM

